

Top 10 Dental Books for Kids

Post In:

Dental

- By Natasha Gayle - December 2, 2014

So you want your kids to brush their teeth? Convincing them to do so can be tough, but with some help from their favorite movies and these great books, you may be able to do just that. *And what great Christmas gifts these would make!*

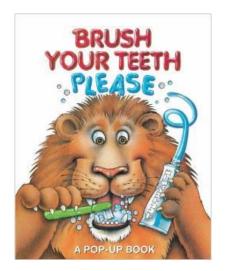
Here are our picks for the top 10 dental books for kids:

1. Brush Your Teeth, Please: A Pop-Up Book

By Leslie McGuire

Published: December 3, 2013 (Hardcover)

Summary: Kids will learn about proper dental hygiene as they go through this book and see the many different animals practicing it – from brushing their teeth to flossing.



What made you decide to write Brush Your Teeth, Please: A Pop-Up Book?

I have always wanted to give parents ways to help them encourage their children to do the right things in the right way. When children get to be around two years old, they get a lot of teeth. They also know a lot of other things, too, such as walking, talking, snatching things from the grocery store shelves, climbing out of their cribs...and saying, NO. They have suddenly, in their eyes, become very powerful beings.

Brushing teeth is difficult because the parents have to use "persuasion" to get the child to obey the directions. Interactive ways to teach children work much better, I've found. The child can do some of the teaching, too. This reinforces what they've learned. But most important, an annoying acitvity can become fun!

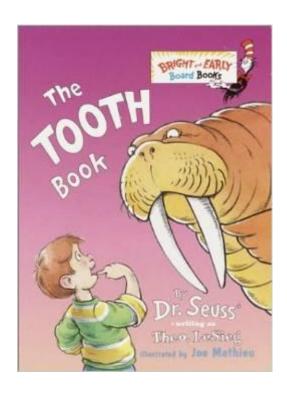
-Leslie McGuire

2. The Tooth Book

By Dr. Seuss

Published: June 24, 2003 (Board Book)

Summary: In *The Tooth Book* by Dr. Seuss, kids will learn about all of the things teeth can do, how important it is to take care of them and what they need to do to ensure their teeth last a lifetime.

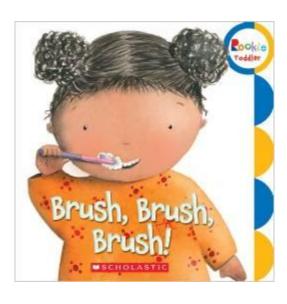


3. Brush, Brush, Brush!

By Alicia Padron (Illustrator for the Book)

Published: March 1, 2010 (Board Book)

Summary: A rhythmic, rhyming book with great illustrations that your kids will love as they learn about brushing their teeth.



How do you think Brush, Brush, Brush! can help parents encourage their kids to brush their teeth?

Children's books are a wonderful way to not only entertain kids and spark their little minds but can also be a great teaching tool. Some routines are much better to be learnt and started at an early age, like brushing your teeth. This can be a difficult task for some toddlers and this book is a wonderful way to safely introduce them to brushing in a fun and entertaining matter.

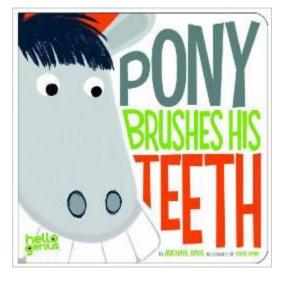
It's a bonding experience for parent and baby since the parent sings the book in the tune of "Do your ears hang low" and baby gets to mimic what all the kids in the book are doing in each illustration. I paid close detail when illustrating each scene since toddlers have not learned to read yet and they "read" the book through its images. Brush, Brush, Brush! is a wonderful little book making brushing your teeth a fun experience and a happy routine to do every day and night with your child.

-Alicia Padron

4. Pony Brushes His Teeth

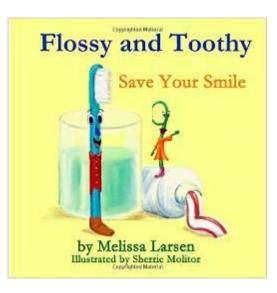
By Michael Dahl

Published: February 1, 2013 (Board Book)



Summary: Shows kids in a simple and fun format the correlation between what they eat and needing to brush their teeth. It also encourages example-setting by parents. Pony follows his dad's example in what he does, just like your kids will want to follow your example.

5. Flossy and Toothy Save Your Smile



By Melissa Larsen

Published: August 26, 2014 (Paperback)

Summary: Kids will learn about great dental hygiene habits that can save their smiles from these fun characters, Flossy and Toothy.

What made you decide to write Flossy and Toothy Save Your Smile?

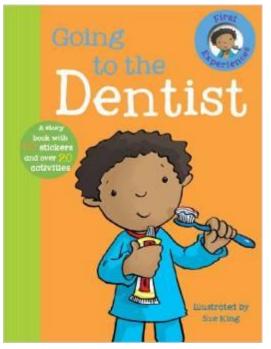
My inspiration for writing "Flossy and Toothy Save Your Smile" was to educate kids and parents in a "fun" way. Also, letting them know that a smile "can" be saved by implementing some simple steps. I have read so many children's books that say the same thing about brushing but never give the reader any "fun" to go along with the education.

My husband and I have four kids and our oldest is 5 years old. Brushing their teeth twice a day is no easy task, but we started telling them this story and now they are very compliant with brushing and flossing. They even remind us to brush their teeth if they think we forgot!

—Melissa Larsen

6. Going To the Dentist (First Experience Sticker Storybook)

By Parragon Books



Published: March 15, 2012 (Hardcover)

Summary: This interactive storybook will teach your kids about how taking care of their teeth and going to the dentist can be more fun!

What made you decide to write Going To the Dentist (First Experience Sticker Storybook)?

We wanted an interactive story for young readers to learn about new and important—and sometimes scary—experiences.

What's your favorite scene in the book?

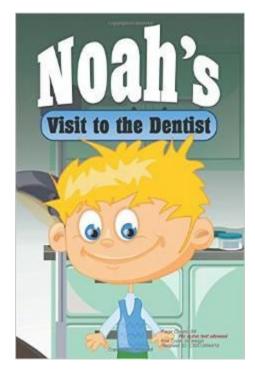
Children can fill in a certificate at the end of the book to show their friends and family they completed the experience themselves.

How do you think this book can help parents encourage their kids to brush their teeth?

Young children will love the opportunity to make going to the dentist more fun.

—Parragon Books

7. Noah's Visit to the Dentist

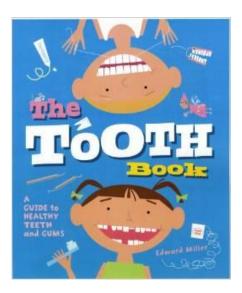


By Jupiter Kids

Published: October 1, 2014 (Paperback)

Summary: Noah is afraid to go to the dentist. Your kids can follow Noah in this story as he discovers that there is nothing to fear about going to the dentist.

8. The Tooth Book: A Guide to Healthy Teeth and Gums



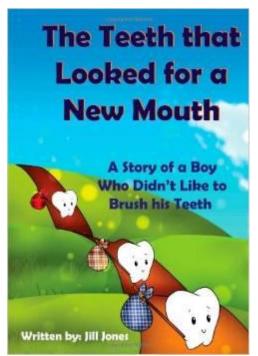
By Edward Miller

Published: March 1, 2009 (Paperback)

Summary: This book helps make caring for teeth more fun for kids and answers the many questions kids might have about what to expect when they go to the dentist, what they should do if they lose a tooth, etc.

9. The Teeth that Looked for a New Mouth: A Story of a Boy Who Didn't Like to Brush his Teeth

By Jill Jones



Published: June 29, 2013 (Paperback)

Summary: A fun little storybook that will help your kids understand the importance of taking care of their teeth.

What made you decide to write The Teeth that Looked for a New Mouth?

I decided to write this book to help my children learn the importance of brushing their teeth in a fun, creative way. I believe children learn the best while having fun and this story sends the message in an amusing way.

What's your favorite scene in the book?

The part when the teeth find Bernie, Luke's elderly neighbor. The illustrator Emily Zieroth did a wonderful job with his illustration.

How do you think this book can help parents encourage their kids to brush their teeth?

I think that this story shows the natural result of not brushing your teeth in a humorous way. The natural result is: If you don't brush your teeth, they won't stay in your mouth. Of course, it all happens during a dream, but it teaches the children why it's important to brush their teeth and keep good oral hygiene.

—Jill Jones

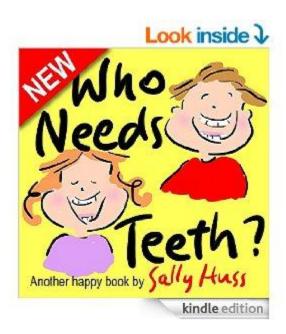
The author would like to give all of you a discount code for purchasing the print version (English) of her book. The discount code is: VVVLKDJW and you can purchase the book here.

10. Who Needs Teeth?

By Sally Huss

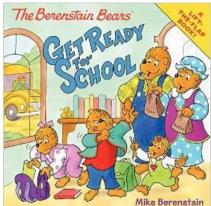
Published: August 17, 2014 (Kindle)

Summary: A book that will help kids understand why they need teeth and why they should take care of them.



Upcoming Dental Books

There are many more great dental books to choose from than just these, as well as some up-and-coming kids' dental books to keep an eye out for:



Mike Berenstain The Berenstain Bears Get Ready for School

- By Jan Berenstain and Mike Berenstain
- Publication Date: June 23, 2015
- Curious George Visits the Dentist
 - By Margret & H.A. Rey
 - Publication Date: April 14, 2015
- Brush Your Teeth!: Healthy Dental Habits (Healthy Habits)
 - By Mary Elizabeth Salzmann
 - Publication Date: January 1, 2015
- Your Child's Teeth: A Complete Guide for Parents
 - By My Ebook Publishing House
 - Publication Date: October 6, 2014